



# May 2025

## Precious Memories Place



SUN	MON	TUE	WED	THU	FRI	SAT
<p>Please be advised that food prepared here may contain these ingredients:</p> <p>Peanuts Tree nuts Fish Shellfish Eggs Milk Wheat Soy Sesame</p>				1. Chicken, Broccoli Pasta Alfredo Melon Milk	2. Cinnamon Pancake Apple Slices w/sunbutter dip Milk	<p>of reflected light.</p> <p>2. Generously apply sunscreen 30 minutes before your child goes out in</p>
<p><b>Healthy Living Tips: Sun Safety for Children</b></p> <p>The Skin Cancer Foundation estimates that 80% of lifetime sun exposure occurs during childhood.</p>	5. Mac & Cheese Peas Applesauce Milk	6. Sunbutter & Jelly on Whole Wheat Cucumber Slices Orange Slices Milk	7. Pasta Salad w/Turkey, Peas & Carrots Melon Milk	8. Pizzadilla Green Beans Apple Slices Milk	9. Turkey Sandwich on Whole Wheat Broccoli Melon Milk	<p>the sun. Re- apply sunscreen every 2-3 hours or after sweating or swimming.</p> <p>3. Wearing protective</p>
<p>Studies have shown that just one blistering sunburn can double the risk of getting melanoma later in</p>	12. Pasta with Turkey Meatballs Green Beans Peach Slices Milk	13. Grilled Cheese on Whole Wheat Broccoli Melon Milk	14. Cinnamon Pancakes Apple Slices w/ Sunbutter Dip Milk	15. Chicken Nuggets Cucumber Slices Melon Milk	16. Chicken & Pasta Peas Orange Slices Milk	<p>clothing and a hat is one of the most important ways of warding off UV damage.</p> <p>4. Some medications</p>
<p>life. We can protect our children by following these easy tips.</p> <p>1. Limit outdoor playtime between 10</p>	19. Pasta w/Alfredo Sauce Broccoli Applesauce Milk	20. Ground Turkey Taco w/Lettuce, Tomato & Cheese Chips Pineapple Milk	21. Cheese Quesadilla w/Salsa Cucumber Slices Orange Slices Milk	22. Sunbutter and Jelly on Whole Wheat Green Beans Melon Milk	23. Pasta Salad w/Turkey, Peas and Carrots Apple Slices Milk	<p>increase the skin's sensitivity to the sun, so make sure to ask your doctor whether your child may be at risk.</p>
<p>and 4 pm. Even on cloudy or cooler days, ultraviolet rays remain strong. Shady spots can be just as tricky because of</p>	26. Closed Memorial Day	27. American Chop Suey w/ Ground Turkey Peas Peach Slices Milk	28. Turkey Hot Dogs Baked Beans Melon Milk	29. Chicken & Pasta Broccoli Orange Slices Milk	30. Grilled Cheese on Whole Wheat Cucumber Slices Melon Milk	<p>For more info visit: <a href="http://www.parents.com">www.parents.com</a></p>

**Breakfast: Cheerios, Fruit Cheerios, Bananas, Toast, Juice & Milk\*Whole Milk is All Natural & Free of Growth Hormones\***

**Snacks: : Graham Crackers, Gerber Fruit Puffs, Fresh Fruit, Yogurt, Cheese, Goldfish, Cinnamon Toast Crunch/Cheerios Mix, Wheat Thins, Craisins, Bananas, Cheese and Crackers, Cucumber and Hummus, Go-gurt**